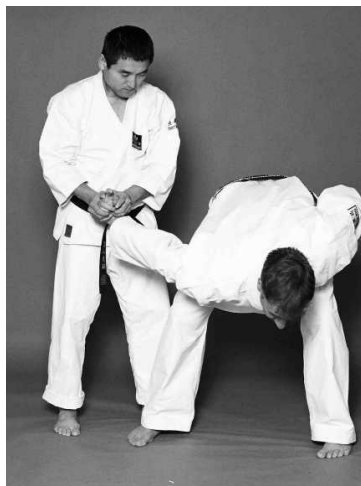


SHITO-RYU KARATE-DO KOFUKAN ENGLAND PRESENT AN



INTERNATIONAL OPEN KARATE COURSE

Open to EKF members

INSTRUCTION BY

SHIHANS NAOKI OMI & KEIJI TOMIYAMA

7TH DAN JOINT CHIEF INSTRUCTORS of
SHITO-RYU KARATE-DO KOFUKAN INTERNATIONAL,
REPRESENTATIVE OF TANI-HA KARATE-DO SHUKOKAI

Saturday 11 February & Sunday 12 February 2012

Saturday :
Sutton Bonington Sports Centre
University of Nottingham Sutton Bonington Campus
Loughborough Leicestershire LE12 5RD

Sunday :
Rushcliffe Leisure Centre
Boundary Road, Rushcliffe
Nottingham NG2 7BY

TRAINING SCHEDULE & FEES FOR BOTH DAYS

Day & Time	Up to and including 4 th kyu	3 rd kyu & above
Saturday 12:00 – 13:15	Bassai-Dai Kata with K Tomiyama	Kata Useishi with N Omi
Saturday 13:20 – 14:35	Kumite technique with N Omi	Useishi Bunkai with K Tomiyama
Saturday 14:45 – 16:00	Bassai-Dai Bunkai with K Tomiyama	Kumite technique with N Omi
Sunday 12:00 – 13:15	Kata Koshiki Rohai with N Omi	Kata Papuren with K Tomiyama
Sunday 13:20 – 14:35	Koshiki Rohai Bunkai with K Tomiyama	Kumite technique with N Omi
Sunday 14:45 – 16:00	Kumite technique with N Omi	Papuren Bunkai with K Tomiyama

SUNDAY ONLY - 4.30 P.M. Kofukan Dan Gradings for pre-registered candidates only



Kofukan Members		Non-members	
Under 16s ONLY :	1 SESSION £5; 2 SESSIONS £8; 1 DAY £10	Under 16s ONLY:	1 SESSION £7; 2 SESSIONS £12; 1 DAY £15
ADULTS 1 DAY	£20 (£12 NUS card)	ADULTS 1 DAY	£25 (£20 NUS card)
.... 2 DAYS	£35 (£20 NUS card) 2 DAYS	£42 (£30 NUS card)

FOR MORE INFORMATION E-MAIL sally@tomiyama.freemove.co.uk or phone 01400 281815

MEMBERS OF SHITO-RYU KARATE-DO KOFUKAN INTERNATIONAL / TANI-HA SHITO-RYU SHUKOKAI